Implementation of Counseling Services for Students in Pandemi Time

Muhammad Putra Dinata Saragih¹, Devi Indah Sari²
¹²Islamic Religious Education Study Program, Faculty of Tarbiyah and Teacher Sciences, Universitas Islam Negeri Sumatera Utara, Indonesia

Abstract: This study aims to analyse the Implementation of Counseling Services for Students in Pandemi Time. This study uses a type of qualitative research method. Bogdan and Taylor define qualitative methods as research procedures that produce descriptive data in the form of written words orally from people and observable behavior. Kirk and Miller define that qualitative research is a particular tradition in social science that is fundamentally dependent on human observation both in its field and in terminology. The conclusion that the researchers got from this mini-research or observation is that in providing guidance and counseling services, not all counseling teachers provided this service to students during a pandemic, and some did not even provide the service, if any, the service provided by the guidance teacher. Counseling to service students is only in the form of a warning if the student's hair is long, a warning for being late or not paying tuition fees, a warning regarding students who rarely attend school, informing students who have received scholarships, and also guidance if there is a competition. That's all the services provided.

Keywords: implementation; counseling services; pandemic

I. Introduction

During the Covid-19 pandemic like this, of course, a guidance counseling teacher or subjects related to counseling guidance are indeed very much needed in schools by students. Because it is the guidance and counseling teacher who gives direction or other things to students, so that students are not wrong in taking steps in their lives. Particularly during a pandemic like this, of course there are many obstacles in learning, such as obstacles related to the teaching and learning process, teachers' obstacles in teaching, now it is the task of guidance and counseling to provide services to students so that they are able to overcome these obstacles. Therefore, from the explanation above, researchers are interested in researching how to implement counseling services for students during a pandemic, whether the service is still being provided or not.

1.1 Formulation of the Problem

1. What is the role of Counseling Guidance according to students?
2. According to students, what is the purpose of Counseling Guidance?
3. During a pandemic like this, does Counseling provide its services to students?
4. What are the views and expectations of students related to Counseling Guidance (BK)

1.2 Authorship Purpose

1. To find out the role of Counseling Guidance according to students
2. To find out the purpose of Counseling Guidance according to students
3. To find out whether counseling guidance teachers provide their services to students during a pandemic
4. To understand the views and expectations of students towards counseling guidance

DOI: https://doi.org/10.33258/biolae.v4i1.814
II. Review of Literature

2.1 Definition of Guidance Counseling

The word guidance is a translation from the English word guidance. Guidance comes from the word guide which broadly means: direct (to direct), guide (to pilot), manage (to manage), convey (to describe), encourage (to motivate), help to create (helping to create), give (to giving), being serious (to commit), giving consideration and being democratic (democratic performance).

The concept of guidance is a democratic and genuine effort to provide assistance by conveying direction, guidance, encouragement and consideration, so that those who are given assistance are able to manage and realize what they hope for (Tarmizi, 2018). Guidance in a broad sense is a process of giving continuously and systematically to individuals in solving the problems they face in order to achieve the ability to be able to understand themselves, the ability to be able to realize their abilities according to their potential or ability to achieve adjustment in the environment, both within the family, school, or community (Syafaruddin et al., 2019).

Furthermore, counseling is an attempt to help clients face to face (through interviews) by a counselor with the aim that clients can take their own responsibility for various problems or specific problems. Counseling is a profession that must be carried out by people who have the ability and expertise in related fields. The counselor who is the doer of counseling will help and provide a way out of a problem faced by his client. Counseling guidance is a psychological effort that aims to develop individual abilities to become independent individuals in managing, managing themselves, so that they are able to adapt to themselves, society and their environment. This understanding is also in line with Rogers' opinion which states that,

1.2 Purpose of Counseling Guidance

Specifically that the Guidance and Counseling Objectives are as follows:

1. Find the Personal within yourself so that you find and understand your own strengths and weaknesses and can accept it with a positive feeling so that you can address everything well. The purpose of this guidance and counseling is very important, because if a person does not accept anything that is in him it will certainly be difficult to realize the positive things that are in his personality. For example, in learning, if someone has difficulty getting achievements in a lesson, there will be a feeling of hopelessness and a sense of inferiority, but with guidance and counseling this will make a person excited and able to improve what is lacking in him and his way of learning.

2. In knowing his environment, an individual will know and understand things that are around him, such as those related to cultural, ideological, social, economic, political life which are addressed positively and dynamically. With this recognition, an individual can adapt to his surroundings and be able to develop himself optimally, not being afraid or nervous.

3. Helping someone in planning, choosing, and considering what to do for the future. The purpose of guidance and counseling is to actualize oneself with knowledge, interests, talents and potential so that one does not always depend on others and gives birth to an independent person.
In addition, the objectives of guidance and counseling are also more specific, as follows:

a. Guidance and Counseling objectives are related to personal social aspects of individuals, including to:
   1. Have a strong commitment in practicing the values of faith and piety to God Almighty
   2. Have a sense of tolerance and positive attitude and mutual respect with oneself or other religious communities
   3. Have an understanding in accepting oneself objectively and constructively both in the form of weaknesses and strengths in the physical and psychological aspects
   4. Have responsibility, which is manifested in the form of commitment to their duties or obligations
   5. Having a relationship of friendship or brotherhood with fellow human beings
   6. Have the ability to solve problems that exist in oneself and others and can make decisions on their own

b. The purpose of Guidance and Counseling is related to academic (learning) aspects, including to:
   1. Have good study habits for all subjects and high motivation and enthusiasm in learning
   2. Have effective learning skills or techniques so that there is preparation for exams, such as making schedules and developing broader insights
   3. Have a mental ready to take the exam

Thus, to achieve these goals, a person needs to get the opportunity to recognize and understand their potential, recognize the potential and opportunities that exist in their environment, recognize their goals and life plans and be able to adapt to their environment (Suhertina, 2017).

1.3 Guidance Counseling Services
a. Orientation Service
   Orientation services are guidance services carried out to introduce new students or someone to the environment they have just entered. The provision of this service departs from the notion that entering a new environment is not something that can always be easy and enjoyable for everyone. Likewise for students who are new to school or for people who have just entered the world of work, they do not know much about the environment they have just entered. A new situation or environment for the individual is something foreign. In conditions of alienation, individuals will have difficulty socializing. In other words, it will be difficult for individuals to do things according to their new environment. The inability to socialize can also lead to mal adaptive behavior or deviant behavior for individuals.

b. Information Services
   There are three main reasons why the provision of information needs to be held, namely as follows:
   a. First, equipping individuals with various knowledge about the environment needed to solve the problems they face relating to the surrounding environment.
   b. Second, it allows the individual to determine the direction of his life.
   c. Third, each individual is unique, that uniqueness will bring different patterns of decision-making and action according to the different aspects of personality according to the personality aspects of each individual.
c. Placement and Distribution Services
Placement and distribution are services that provide opportunities for students to obtain placement and distribution both in class, study groups, study programs, training, internship co-curricular/extracurricular activities in accordance with the potential, talents, interests of students with the aim of students being able to develop talents, interests and other potential. This service works for development.

d. Content Mastery Services
The content mastery service aims to allow students to master certain aspects of content so as to add insight and understanding, guide assessments and attitudes. So it is clear that this service is a form of assistance to students in order to master certain aspects of content in an integrated manner.

e. Individual Counseling Services
Individual counseling is a guidance and counseling service that allows students or counselees to get face-to-face services (individually) with the supervising teacher in order to discuss alleviation of personal problems suffered by the counselor. The individual counseling process has a major influence on increasing clients because in individual counseling counselors try to improve students' attitudes by interacting for a certain period of time face to face to produce improvements in the way the client thinks and feels, attitude, and behavior. (Holipah, 2012)

f. Group Guidance Services
Romlah defines that group guidance is one of the guidance techniques that seeks to help individuals achieve optimal development according to their abilities, talents, interests, and values and is carried out in group situations. Group guidance aims to prevent student problems and develop student potential.

g. Group Counseling Guidance Services
Group guidance and counseling services are guidance and counseling services that allow a number of students together through group dynamics to obtain various materials from certain sources (especially from supervising teachers) and/or discuss together certain useful topics (topics), to support his understanding and daily life and for his self-development both as an individual and as a student, and for consideration in making certain decisions and/or actions.

h. Consulting Services
Consultation services are counseling services by a counselor to someone who allows the consultant to gain insight. Understanding and ways that need to be implemented to deal with third party problems. Consultations are basically carried out individually in a face-to-face format between the counselor (as a consultant) and someone (as a consultant). Consultations can also be carried out on 2 or more consultants if the consultants so desire (Febrini, 2020).

i. Mediation Services
Mediation services are counseling services carried out by counselors for two parties (or more) who are in a state of mutual incompatibility. Incompatibility makes them contradictory and even hostile. The conflicting parties are far from peaceful and may even wish to destroy each other. With mediation services, here the supervising teacher tries to mediate or act as a mediator between two disputing parties. So, mediation services are counseling services that allow problems or disputes experienced by clients with other parties to be resolved with the counselor as a mediator.
j. Advocacy Services

Advocacy services are counseling services that help students to regain their rights that are not considered and or receive wrong treatment in accordance with the demands of intelligent and commendable characters.

III. Research Methods

3.1 Types and Research Approaches

This study uses a type of qualitative research method. Bogdan and Taylor define qualitative methods as research procedures that produce descriptive data in the form of written words orally from people and observable behavior. Kirk and Miller define that qualitative research is a particular tradition in social science that is fundamentally dependent on human observation both in its field and in terminology.

This study uses qualitative methods because researchers consider the problems studied to be quite complex and dynamic so that the data obtained from the informants is captured using a more natural method, namely direct interviews with the informants so that natural answers are obtained. In addition, researchers intend to understand the social situation in depth, find patterns, and theories that are in accordance with the data obtained in the field.

3.2 Data Collection Technique

Data collection techniques are techniques or methods used to collect data. Data collection is carried out to obtain the information needed in order to achieve research objectives. There are various methods of data collection that can be done in a study. With several students who are in several educational units which will be described as follows:

3.3 Interview Method

Interview is a data collection technique that is carried out by asking questions directly to respondents or informants. In the interview, the research description presented was in the form of a list of questions that would be answered through face-to-face or face-to-face meetings.

3.4 Observation Method

The observation method is a data technique that is carried out in a way that you want to research or through experiments (experiments). An effective way if you want to use the observation method is to complete it with observations in the form of a checklist as an instrument. Many observations are used in qualitative research methods.

3.5 Documentation Method

Data technique with documentation is a method that is easier to do than other methods because if there is an error, the data source is still the same. The object observed in the error documentation method is animate but not an inanimate object.

IV. Discussion

4.1 Time and Place of Research

Interviews with several informants were conducted on:
Date and time : Friday, December 17, 2021
O'clock : 22:00 WIB
Research place : Mushola Al-Falah
4.2 Source Identity

1. Name: Rama Prandiko
   TTL: Tandem Downstream I, 12 October 2005
   Age: 16 years
   School: Grade 11, at SMKN 1 Stabat
   Home address: Gg Swadaya Hamlet VIII, Desa Tandam Hilir I

2. Name: Arga Nugraha
   TTL: Tandem Downstream I, 31 May 2008
   Age: 13 years old
   School: Class 8, PAB 7 Tandem Downstream I
   Home address: Gg Swadaya Hamlet VIII, Desa Tandam Hilir I

3. Name: Andika Maulana Ishaq
   TTL: Tandem Hilir I, 25 July 2006
   Age: 15 years
   School: Grade 10, at SMK PABAKU Stabat
   Home address: Save. Jais Dusun VIII, Tandam Hilir I Village

4. Name: Irfan Febriansyah
   TTL: Tandem Hilir I, December 2, 2005
   Age: 16 years
   School: Grade 11, at SMKN 1 Stabat
   Home address: Save. Jais Dusun VIII, Tandam Hilir I Village

5. Name: Fingka Sardila
   TTL: Tandem Downstream I, 5 August 2008
   Age: 13 years old
   School: Grade 8 in PAB 7 Tandem Hilir I
   Home address: Gg Swadaya Hamlet VIII, Desa Tandam Hilir I

6. Name: Indah Fitri Hardiyanti
   TTL: Tandem Downstream I, 30 September 2009
   Age: 12 years old
   School: Grade 7 at SMPN 3 Hamparan Perak
   Home address: Gg Swadaya Hamlet VIII, Desa Tandam Hilir I

4.3 Results of Interviews with Resource Persons (Several Students)

Interviewer: Do you have counseling at your school?
Source (Rama): In my school, there is counseling guidance, right?
Resource Person (Arga): There sis
Resource Person (Irfan): Exist
Resource Person (Dika): There sis
Resource Person (Fingka): There sis
Resource Person (Beautiful): There sis
Interviewer: because there is guidance counseling, the next question is, are these younger siblings enrolled in guidance counseling subjects in the classroom?

Source (Rama): no sis
Resource Person (Arga): there isn't any
Resource Person (Irfan): there isn't any
Resource Person (Dika): no sis
Resource Person (Fingka): no sis
Resource Person (Beautiful): no sis
Interviewer: Does this mean counseling is only outside of class hours, right?
Interviewer: OK, third question, at school, what role do you play?

Source (Rama): The role of the BK at school is that of the school police, he is the one who manages the students to be disciplined, then if there are students who are rarely present the BK might be reprimanded.

Resource Person (Arga): Just like BK’s rama brother the school police, for example there was a male student who had long hair who was told to cut it.

Resource Person (Irfan): same as rama sis
Resource Person (Dika): same sis
Interviewer: same it?
Resource Person (Dika): Same thing sis, the BK teacher, if there are students with long hair, they are called to have their hair cut

Interviewer: good if sister, finka how?
Resource Person (Fingka): same richob brother
Interviewer: oh because you are in the same school huh?
Resource Person (Fingka): Yes bro
Resource Person (Beautiful): if I’m the same sis

Interviewer: the fourth question is, according to you brothers and sisters, what is the purpose of having BK

Source (Rama): Yes, well, the aim of BK is to discipline students who are not disciplined, that’s the point

Resource Person (Arga): same sis
Resource Person (Irfan): Same sis, because you go to the same school as Rama’s brother
Resource Person (Dika): same sis like that too
Resource Person (Fingka): same sis
Resource Person (Beautiful): same sis

Interviewer: It means that according to all of the younger siblings, the goal of BK is to discipline students earlier, right? The next question is, is there counseling or BK guidance in each of your schools, so during the current pandemic, does BK still provide services to younger siblings? everything? For example information services, exist or not?

Source (Rama): well maybe at my school, the BK said that during this pandemic he told students who were late paying their tuition fees, maybe there was also a BK who gave information but gave the information to the student council first, then it was the student council who gave the information to all the students.

Resource Person (Arga): so in my opinion there is a sis, so if there is a competition at that school then the counseling teacher is the one directing it
Resource Person (Irfan): In my opinion there is sis, for example the counseling teacher informs that oh this gets help, such as scholarship directions sis
Resource Person (Dika): during a pandemic like this, we’re going online sis, so there’s no sis
Resource Person (Fingka): I think it’s the same as arga sis
Resource Person (Beautiful): no sis
Interviewer: means that counseling services during the pandemic at SMPN 3 Hamparan Perak did not exist, OK? The next question,
compared to before the pandemic arrived, was counseling services provided?

Source (Rama): because when I went to school during the pandemic, I didn't know, sis

Resource Person (Arga): same sis, because he also went to school during the pandemic

Resource Person (Irfan): same sis

Resource Person (Dika): same sis

Resource Person (Fingka): same sis

Resource Person (Beautiful): same sis

Interviewer: Oh yes, because you are still in class 2 and class 1, yes, that's why it's still in the period. It's a pandemic right, because the COVID pandemic has been going on for 2 years, that means it's just right, the last question, what are your views and hopes for BK and BK teachers?

Source (Rama): A little scary and excited, for example, the homeroom teacher is chatting. Rama was told to notify the BK, he said there was a problem like this right, well that's a bit nervous right sis, I've also been called and told to fill in the data, but I don't fill in the data, right? I also (students) hope that in the future the guidance and counseling teacher will be looked at well, not looked at with horror

Resource Person (Arga): In my opinion, the guidance counselor is good sis, because he manages the first stubborn students to be good, manages the students

Resource Person (Irfan): Yes, my view of the guidance counselor is good, because he can direct students who are naughty at first to be good

Resource Person (Dika): In my view, it's just as scary as kI haven't seen the counseling teacher, but yes, my view is good because it can direct things better

Resource Person (Fingka): I am sis, I also have experience in BK. I used to be stubborn and now I'm getting better because of the guidance from the BK.

Resource Person (Beautiful): If I'm with you, it's the same as my other friends

Interviewer: What are your hopes for the BK or the BK teacher?

Resource persons (I & F): Yes sis I hope BK can be a better place for students.

V. Conclusion

5.1 Conclusion

The conclusion that the researchers got from this mini-research or observation is that in providing guidance and counseling services, not all counseling teachers provided this service to students during a pandemic, and some did not even provide the service, if any, the service provided by the guidance teacher. Counseling to service students is only in the form of a warning if the student's hair is long, a warning for being late or not paying tuition fees, a warning regarding students who rarely attend school, informing students who have received scholarships, and also guidance if there is a competition. That's all the services provided.

Even though if we all know that guidance and counseling services are very, very important for students, where from these services students can solve problems that exist in their lives or problems that may be being faced, then from the services provided students may also be able to find out interest in talent or other things related to him, but unfortunately these
services were not obtained by students during the pandemic at their school, where we know that during this pandemic a different learning system might have obstacles in learning and really need guidance and counseling services so that getting the solution but not getting the service.

And with the situation that ultimately exists in the minds of students that guidance and counseling teachers or guidance and counseling are just school police whose job is only to discipline students, even though if we dig deeper that guidance and counseling teachers (BK) are more than that, where should guidance teachers be? Counseling can be a friend or friend of students, but in fact the counseling guidance teacher is a person who is very afraid of students.

5.2 Suggestion

Suggestion from researchers for Guidance and Counseling (BK) teachers are from the research above that in the future maybe counseling teachers can provide their services to students, so that counseling guidance is not only known by students as school police and there is no longer the thought that the counseling teacher is a person who very scared.

References

Holipah, (2012). The Using of Individual Counseling Service to Improve Student's Learning Attitude and Habit at the Second Grade Student of SMP PGRI 6 Bandar Lampung. Journal Counseling.